

NORTH FORSYTH MIDDLE SCHOOL BASKETBALL 2024-25 TRYOUT LETTER

Dear Players & Parents:

Please be sure to wear a white T shirt with your last name written on front and back for tryouts.

Basketball tryouts will take place in the NFMS gym as follows:

7th Girls – Wednesday October 14 – Friday October 18 – 4:30 to 5:30

8th Girls - Wednesday October 14 – Friday October 18 – 5:30 to 6:00

7th Boys - Wednesday October 23 and Thursday, October 24 4:30 to 6:00

8th Boys - Wednesday October 23 and Thursday, October 24 6:30 to 8:00

In order for your child to participate in the tryouts, the following forms must be completed:

Official Signed Current FCCS County Physical

- ✓ Signed NFMS Player Code of Conduct (Team Rules)
- ✓ Completed Physical (uploaded to Dragonfly)
- ✓ Completed QR code form (found on Code of Conduct handout)

Official physical forms are available online at NFMS Home Page

NOTE: No player will be able to participate in any sport without a physical and proof of medical insurance.

Tryouts will be conducted over at least two days. We expect tryouts to be very competitive. Your child should be working hard NOW to make sure they are in the best physical and emotional condition in order to show their best abilities on the court during tryouts. There will be NO make ups for tryouts missed.

As a coaching staff we are committed to working very hard at selecting the best players to represent our basketball teams this season. We will do our very best to evaluate each and every player in order to choose our teams. This will be a challenging week for players and coaches. Remind your student of the commitment he will have to make if he is selected for one of the teams. Playing on one of the NFMS basketball teams requires practicing 5 days per week. Our official days off are Thanksgiving Break (Nov 23 to Dec 1) and Christmas Break (Dec 20 to Jan 2). Again, players are expected to be at every NFMS basketball event.

The rewards of being on a basketball team can be very special. As a member of our basketball teams players will experience great opportunities and learn to work together with teammates to achieve challenging goals. As in life there will be ups and downs – we are not a high school, college team or a NBA team. The goals we set for our players and our team are based on our experience as a combined coaching staff. Please take some time to discuss this with your son. A successful basketball team operates on a "we" not "me" basis. Any attitude issues presented by players or parents not conducive to the success of the program will not be tolerated. We can actually have fun and enjoy the experience – happiness is an option.

This year's player's fee will be discussed at the parent meeting. These base fees cover our players uniforms, balls, practice facilities, officiating, practice gear, shooting shirts, t-shirts and special events (including the banquet).

<u>If your child is selected for one of our teams</u> it will be a very demanding time. Players will need to come to practice every day ready to work hard. Expectations are included in the Player Code of Conduct that you have already reviewed and signed with your son. Please do not tryout if you cannot make all team events.

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In order to prepare for tryouts, please keep in mind that players will be evaluated based on their physical condition, basketball ability, coachability, size and potential contribution to the success of the program. The following basketball skills will be scored at tryouts: Made shots (layups, jumpers, 3-point shots, free throws), scoring ability, footwork, sprints, ball handling, 1 on 1, 3 man "21" and others as decided by the coaches. Please be prepared to give your best effort as there will be no make up for tryouts.

If your child is not selected for one of our teams it may be a very difficult experience. Please prepare your child for the possibility of not being selected for a NFMS team. Unfortunately, we only have so many spots on the basketball squads. Any player not selected for a team may still tryout for the team next year or tryout for another winter sport. Additionally, basketball manager positions might be available on a limited basis.

Remember to plan regarding items that need to be done prior to turning out for tryouts. Players without their completed paperwork or those arriving late will not be able to tryout. Please review this letter with your child and discuss the commitment it requires to participate on one of our teams. Please see any basketball coach at NFMS with any questions or concerns. As a general rule, parents are not allowed in the gym during tryouts. Thank you for letting your child tryout for one of our teams. I hope it's a great experience both of you.

Sincerely,

Coach Dankosky	Coach Vice
Head Coach - 7 th Grade Boys	Head Coach – 7 th Grade Girls
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Coach Day	Coach Vice
Head Coach –8 th Grade	Head Coach – 8 th Grade Girls
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